

Mountain Hi Swim League Coaches Responsibilities

- Attend or designate attendee for **ALL** Coaches Meetings. Failure to do so will result in a penalty point deduction against your team.
- Hold Current Lifeguard, CPR, First Aid, and WSI certifications as required by each individual team.
- Host team- Contact the visiting coach (via phone) no later than the Tuesday prior to the meet. Here you will discuss meet changes (such as excessive number of heats, number of relays and swimmers, coaches relay, etc.); pool conditions (such as length of meet restrictions from Home Owners' Associations); themes for the meet (if applicable); and anything else pertinent to the upcoming meet.
- Through the Meet Manager person designated for your team, ensure the meet entries are turned over to the host team by Thursday at 5pm prior to the weekend meet.
- Enforce Code of Conduct, at all practices, meets, and required meetings throughout the season.
- Read and adhere to the Mountain Hi Swim League By-Laws. Make recommendations of any changes that would be an enhancement to the League.
- Report any scratches to the Clerk of Course one-half hour prior to the start of the meet by marking the card with an "S" and using the appropriate Scratch Form.
- For the Medley Relays, the entries must be complete one-half hour prior to the start; however, for the Free Relays, the entries must be complete by the start of event 71.
- Use all forms designed by the league (ie: protest form, deck entry form, and swimmer scratch form).
- Prepare for Prelims, Championships, and All-Star meets by reading the procedure guidelines and coaches instructions. Turn in all necessary items described in the guidelines.
- Complete necessary paperwork for the Paper Chase to be turned in to the League at the end of the season by the prior determined due date.