

Mountain Hi Swim League Prelim and Championship Coaches Instructions Prelims/Championships

- Entries are due to the Designated Computer person for your division, (usually the Championship pool) at least two days prior to the “Heating Meeting”. Six and Unders can swim as Eight and Unders, but are then subject to disqualification. Otherwise, each swimmer must swim in their respective age group for Prelims and Championships. There will be no exhibition heats except for those who swim in the Six and Under age group. Each swimmer can swim in a maximum of three individual events and two relays. Submit your relays without the swimmers’ names at this time. (The number of relays allowed will be determined and agreed upon by each coach.)
- Make sure you bring a computer generated lineup of your swimmers to the heating meeting. You will be asked to sign off on the Master program. If there are any problems, you will need to make changes at the meeting, as there will be no event changes of the swimmers after this meeting. The only exception will be additions the day of the prelim meet (i.e: a swimmer that was going to be gone and returned early or forgotten). Labels will be printed by the championship host team at the heating meeting and placed on the cards at the heating meeting by the coaches.
- Prior to the heating meeting, swimmers must also meet the league requirements, in which they have attended 10 practices and have swum in at least 2 meets. Their name must be on the final roster and their insurance dues paid. Their name must be on the final league insurance roster as well.
- At least 2 days prior to the Championship meet, relays need to be declared and the swimmers names need to be declared for each relay (though the names can be changed the day of the meet). This allows the computer people the opportunity to input as much information as possible into the Meet Manager database before the start of the meet.
- Decide, within the division, on less than 6 or 8 swimmers in an event, if they should directly proceed to Championships without having to swim prelims.
- The fastest 6 or 8 (depending on # of lanes at host pool) swimmers will move on to Championships. There will be 2 alternates (if you know that a swimmer will not make it to Championships, communicate this information with the teams that have the alternates).
- Decide as a division, with parent reps and coaches, if you want 2 heats per event at Championships, a consolation heat and finals heat. Ribbons and medals would be the same. A swimmer in the consolation heat cannot move up in place even if their final time is faster than a finals heat swimmer. 7th-12th or 9th-12th place ribbons would be awarded at the championship meet rather than the prelim meet, if 2 heats

were swam at the Championship meet. Otherwise, 7th-12th place at 6 lane championship pool and 9th-12th at 8 lane pool will receive prelim ribbons. All 1st - 3rd place finishers in individual and relay events at Championships will receive medals.

*****Remember to cast your vote *with* your Parent Rep for the Sportsmanship Trophy*****

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